

## YMCA Phase II Hours of Operation

## (Phase II is set to be from July 5 – August 16 subject to change):

- 3001 South Creasy Lane Facility Hours
  - Monday Friday 5:00am 10:00pm
  - Saturday 6:00am 8:00pm
  - Sunday 9:00am 8:00pm
- Aquatics Center Hours
  - Monday Friday 6:00am 7:00pm
  - Saturday 6:00am 4:00pm
  - Sunday 9:00am 4:00pm
- Downtown YMCA Location Hours
  - Monday-Friday 6:00am-7:00pm
  - Saturday 7:00am-5:00pm
  - Sunday 1:00pm-6:00pm
- Hours will be reviewed and possibly adjusted if needed.

## YMCA Phase II -Access to facilities:

- Members Only. No Reciprocity members, guests or day passes will be permitted. Facility use will only be for members during YMCA Phase I & II.
- Must be at least 16 years of age or with an adult at all times.
- We will have controlled access to the facilities through one entrance.
- All members will complete the COVID-19 questionnaire
- All members will ask them to scan their own membership card to gain access into the building. Then we will ask them to take a picture of our Phase 1 board so they can refer back to the guidelines anytime. Staff should encourage them to sanitize or wash their hands before starting their workout.
- Members must maintain a minimum of 6 feet distance. There will be floor markers indicating areas where people should stand in our lobby area and waiting area.

## YMCA Phase II Facilities Areas that are open:

- Group exercise will be offered at both the 3001 S. Creasy and Downtown locations with reservations only.
- Active Older Adult group classes resume with reservation only

- Cardio Area
- Selectorized Machines
- Free Weight Area
- Track
- Personal Training
- Gymnasium (North End Only) (Subject to closure for group x classes as needed)
- Pickle ball with reservations only.
- Kids Zone BEGINNING JULY 13, 2020
  - With reservations ONLY
  - Limit of 90 minutes per child per day
    - Hours: M-F 7:45am- 1pm & 4pm 8pm
      Sat: 7:45am 12pm
      Sun: 9am 12pm
  - Ages & Available Spots
    - Max of 4 6wks-36mo.
    - Max of 21 3yrs 9yrs
- Family Locker room will remain open for those members using the Aquatic Center and for restroom use.
- Pickle ball With reservations
- Men's and Women's Locker Rooms open with limited showers and lockers available. Members are asked to implement social distancing in locker room.
- Pool open for Lap Swim and water walking only with limited hours (6am-7pm)
  - 2 swimmers per lane for lap swimming
  - Water walking in activity pool only and members must maintain 6 ft. social distancing.
  - Reservations must be made ahead of time and cannot be made more than 48 hours ahead of scheduled time.
    - 45 minutes limit
    - Reservations must be canceled at least 2 hours before scheduled time.
    - If a person doesn't cancel and doesn't show up for scheduled time more than 3 separate times they will lose the right to reserve moving forward.
- Open Family Swim –M-F 4pm 7pm. Time limited to 45 minutes per family. Limited requires a reservation. (Family members must be on family membership)
- Water Exercise running with limited number in order to follow 6ft. distancing and reservations required
- Swim Lessons Lessons will resume with instructor on deck and parent must be in water with child. (to begin at a later date, details will be posted on social media)
- Private Swim Lessons (to begin at a later date, details will be posted on social media)